

SFWM 2026
Amsterdam, 11- - 12-7-2026

Programmanr. 28
12-7-2026 - 13:42

Dames, 200m rugslag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1. Nina van der Schrier	AZC	2:14.26 201000444	2:14.30	+0,67	32.53	1:06.55	1:40.81	2:14.30
2. Hedwig Bolt	HZ&PC Heerenveen	2:17.25 200602660	2:16.34	+0,76	32.99	1:07.57	1:42.18	2:16.34
3. Ismay Lichtendonk	HZ&PC Heerenveen	2:12.35 200400622	2:19.08	+0,75	32.43	1:07.11	1:42.87	2:19.08
4. Yanique Bax	ZPC AMERSFOORT	2:24.96 201001428	2:24.03	+0,65	33.62	1:09.59	1:46.35	2:24.03
5. Myrthe Natzijl	DZ&PC	2:25.39 200400076	2:25.04	+0,71	34.05	1:09.92	1:47.09	2:25.04
6. Kim Bouman	ZPC AMERSFOORT	2:40.84 201000262	2:31.86	+0,69	35.12	1:13.56	1:53.13	2:31.86
7. Moniek van L.	DWK	2:31.68 199803160	2:33.56	+0,62	35.80	1:14.73	1:54.65	2:33.56
8. Emilie Haverman	Blue Marlins	NT 201104170	2:34.69 *	+0,85	35.84	1:15.66	1:55.66	2:34.69
9. Elke Kriesels	Blue Marlins	2:35.85 201100898	2:35.32 *	+0,61	36.45	1:15.86	1:55.70	2:35.32
10. Dominique F.	MNC Dordrecht	2:43.42 201300602	2:40.96	+0,71	37.82	1:19.55	2:00.86	2:40.96
11. Femke Mandema *100	DWK	2:47.16 201100396	2:47.04	+0,73	38.04	1:20.06	2:03.70	2:47.04
12. Berinda van Dijk	Blue Marlins	2:57.46 200104186	2:54.49	+0,69	40.54	1:25.81	2:11.30	2:54.49
13. Sofie van Poecke	DWK	2:56.43 201001448	2:59.21 *	+0,82	42.59	1:27.56	2:13.57	2:59.21
14. Floor van Dorssen *50	ZPC AMERSFOORT	3:18.60 201102946	3:00.43	+0,72	43.39	1:28.58	2:15.75	3:00.43